XB2 U3 Extended Reading

Learning objectives

By the end of the class, students will be able to:

1. Gain a better understanding of acupuncture, including its history, process of diagonosis and treatment, functions and influence;
2. Retell the basic information of acupuncture;
3. Write an e-mail to recommend acupunture as a treatment for back pain.

Teaching procedures

Step 1. Lead-in

Show students a video about acupuncture.

Step 2. While-reading

Read for structure

Ask students to read the whole passage with the recording and figure out the main idea of each paragraph to summarize the structure.

Read for detailed information

Read para.1 and 2 and think about the following two questions.

1. When did Chinese acupuncture start to develop?
2. What changes have acupuncture needles experienced in materials and shapes?

Read para.3 and finish the table on the process of diagnosis.

Read para.4 and work out how acupunturists treat patients

Read para.5 and find out the health problems that can be treated by acupuncture

Read para.6 and find out the two theories behind acupuncture

Read para.7 and finish the timeline.

Have a summary of acupunture in terms of its history, treatment, diagnosis and influence.

Step 3. Writing

Think about what information should be included in an e-mail if you want to recommend acupuncture as a treatment.

Find out related sentences in the passage that can be used in writing.

Write an email to recommend acupuncture to treat back pain.

Show students’ writings and evaluate them based on the evaluation form.

Step 4 Assignment

Search for more information about acupuncture on the Internet and polish your writing.