**Class Type：**Reading class

**Teaching topic:** Looking good, feeling good

**Teaching objectives:**

By the end of the class, students will be able to:

1. identify typical features of a news report;

2. analyze the structure of a news report about a girl who tried to lose weight;

3. have a correct view of beauty and follow proper lifestyles. t

**Teaching key points:** To learn the features of a news report.

**Teaching difficult points:** To organize the group discussion and help students cultivate a positive attitude towards weight problems and beauty.

**Teaching tools:** PPT, blackboard.

**Teaching procedures:**

**Step1:** Lead in (3minutes)

Since overweight has led to serious health problems, what do you think are ways of losing weight?

Possible answer: Having a healthy balanced diet, keeping regular exercise, receiving surgical treatment or taking weight-loss pills.

**Pre-reading:** (5minutes)

**Step2:** (1) Where’s the passage most probably taken from?

Possible answer: newspaper

(2) What do you pay attention to first when reading the news report and why?

Possible answer: I will first notice the title and the pictures because they are eye-catching and can help me get the main idea of the news within seconds.

**Step3:** Have students predict the content of the news report.

Possible answer: A teenage became unconscious because he or she did not eat regularly and may be sent to hospital for treatment.

**While-reading:** (25minutes)

**Step4:** Have students skim the whole news report and understand the structure of the text.

Possible answer:

|  |  |  |
| --- | --- | --- |
| Part 1: the lead | Para. 1 | A teenager girl fainted at school yesterday after skipping meals. |
| Part 2: more detailed information | Para. 2-4 | The girl skipped meals to get slim. She is now recovering in hospital |
| Part 3: supporting information | Para. 5 | The unhealthy weight-loss habits have become common among teenagers. |
| Para. 6-7 | The expert gives advice on how to lose weight properly |

**Step4:** Have students scan the whole news report carefully.

Part 1: An effective lead tells the reader the most important information about an event, like who, what, when, where and why. Remember to use as few words as possible in a lead.

Write your own lead.

**Step4:**

Part 2: What did Jennifer do?

**Step5:**

Part 3: (1) Besides skipping meals, what are some of the dangerous methods teenagers use to lose weight according to the survey?

(2) The expert’s attitude

(3) What should teenagers do if they want to lose weight?

**Post-reading:** (10minutes)

**Step6:** Further thinking

What can we learn from Jennifer's case?

**Step7:** Self Check

Are you in the normal range?

BMI=kg/m2,衡量人体健康和胖瘦程度。

Normal ranges 18.5-23.9.

**Step8:** (2minutes)

Homework: Write a letter of advice.

Suppose you are a friend of Jennifer, you are planning to write a letter to her to show your concern and give advice.